# START INFORMATION

**Predator RUN and TRAIL PLZEŇ 30/9/2023** 





### 2 LOCATION

49.7753933N, 13.3996347E

Velký Bolevecký rybník Pláž Ostende

https://mapy.cz/s/fomudomuha



#### MHAT BRING MITH YOU

- ID card/ passport
- signed Start Terms&Conditions
- know your start No.
- suitable clothes and shoes without spikes (RUN)



#### **PUBLIC TRANSPORT**

We recommend using the excellent public transport connections. The bus is 500 m from the festival arena. Bus č.30, bus stop Bolevecký rybník or Malý Bolevec.



#### DATE **Saturday 30/9/2023**

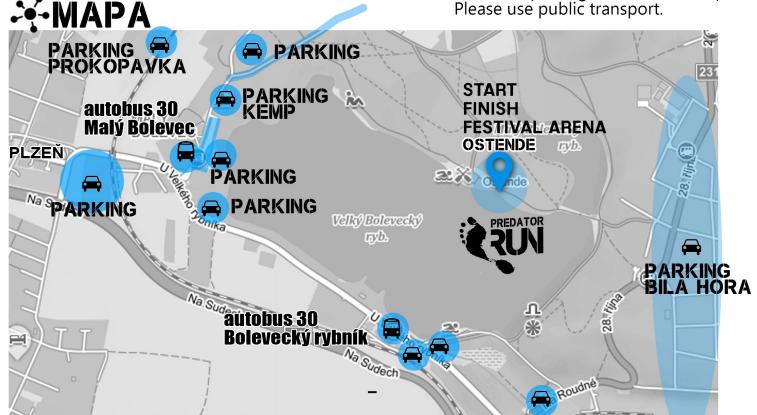
## 🗅 START RUN

1. wave	<b>ELITE</b> 9:00	8. wave	<b>OPEN</b> 10:10	
2. wave	<b>OPEN</b> 9:10	9. wave	<b>OPEN</b> 10:20	
3. wave	<b>OPEN</b> 9:20	10. wave	<b>FUN</b> 10:30	
4. wave	<b>OPEN</b> 9:30	11. wave	<b>OPEN</b> 10:40	
4a.wave	<b>OPEN</b> 9:35	12. wave	<b>OPEN</b> 10:50	
5. wave	<b>OPEN</b> 9:40	13. wave	<b>OPEN</b> 11:00	
6. wave	<b>OPEN</b> 9:50	14. wave	<b>OPEN</b> 11:10	
6a. wave	<b>OPEN</b> 9:55	15. wave	<b>OPEN</b> 11:20	
7. wave	<b>FUN</b> 10:00	16. wave	<b>OPEN</b> 11:30	

Predator TRAIL 10 starts at 16:30

## A PARKING

There are parking areas on the map. Please use public transport.



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Predator RUN and TRAIL Pizeň 30/9/2023



## REGISTRATION

- Registration will be by your assigned start number!
- According to the start number you will queue in an appropriate corridor to collect your envelope.

Registration RUN from 7:00-11:00 am Registration JUNIOR from 1:00-3:00 pm Registration TRAIL from 3:00-5:00 pm

what bring with you:

- ID card
- signed start Terms&Conditions
- know your start No.

### $oxedsymbol{oxtop}$ envelope

Inside collected envelope you will find your start No. written on chip, chip and a Velcro tape to fix the chip to your ankle.

# ROUTE

Predator RUN route is **7km+** long with **7 obstacles+**.

Route is around bolevec ponds. **Trail 10km** without obstacles.

#### FESTIVAL ARENA

The race base in the Plzeň Bolevák. in festival arena are located Registration counters, info tent, bag drop, catering, WC, Predator RACE shop, First Aid, partners' stands - Bosch and Icebug.

#### TENT

Kemp Ostende.

#### PREDATOR JUNIOR STARTS

- 4 5 y.o. 14:30
- 6 7 y.o. 14:40
- 8 9 y.o.14:50
- 10 11 y.o. 15:00
- 12 14 y.o. 15:10

### FUN FUN MAVE

The FUN wave is for fun only. You are not even timed, in the envelope you will find a FUN bracelet. Obstacles and even handicaps are not mandatory.

### **\* ELITE**

- For Elite runners there are marked mandatory obstacles which can be done as Fast line od Slow line.
- Elite runners have an unlimited number of attempts but they have to give away to new coming runners.
- If they are not able to overcome the obstacle as Slow or Fast line they automatically lose the Elite wristband, however they can continue racing and on the Result Sheet it will appear as DSQ

## FAST / SLOW

Some obstacles can be overcome as Fast line - more difficult but faster way OR as Slow line - easier but more time-demanding way.

Elite runners in Elite waves cannot help each other.

Open runners and Open waves can help each other.

#### HDC HANDICAP

Handicap is an additional extra run, when you are not able to overcome an obstacle. The length depends on the difficulty of the obstacle. Handicap can also be an additional round in crab walk.

handicap 200m - 500m +

## **OVER 1** VOLUNTEERS

Across the whole race arena you will find volunteers, ensuring smooth run of the event. They are also ready to provide you information, help and support.

They DO check compliance with the rules!

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## ! CAUTION

- Predator TRAIL 10 spike shoes are PERMITED.
  - Y Predator RUN spike shoes are NOT PERMITED.

## **OCHIPTIMING**

Race results are online on website: **www.chiptiming.cz** 

### AGE GROUPS

Currently we do announce in Open category - age categories for women and men.

Runners who will place in age category they get a special medal.

Age categories are

- 17-19 y.o.
- 20-24 y.o.
- 25-29 y.o.
- 30-34 y.o.
- 35-39 y.o.
- 40-44 y.o.
- 45-50 y.o.
- 50+ y.o.

### **TEREMONY**

### RUN Elite ceremony cca 11:30 am

- prize money
- start voucher Predator RUN
- medal

#### Open ceremony cca 1:00 pm

- start voucher Predator RUN
- medal

#### Age groups

- medal

#### Junior ceremony cca 4:00 pm

- start voucher Predator junior
- Predator RACE gift
- medal

### Trail 10 ceremony cca 6:00 pm

- start voucher Predator TRAIL
- gift Predator TRAIL

## **SPECTATORS**

Whole race arena is freely accessible to all audiance free of charge.

You can walk about and support all runners. The race takes place in Pilsen - Bolevecs ponds and its surroundings. On-site you will find all the race maps - RUN, JUNIOR and Predator Trail.





facebook.com/officialPR